



How to Make Natural Body Lotions (Paperback)

By Dr Miriam Kinai

Createspace Independent Publishing Platform, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How to Make Natural Body Lotions teaches you how to make homemade, handmade, healing lotions. How to Make Natural Body Lotions also teaches you the best vegetable oils and essential oils to use to make lotions for normal, sensitive, mature and dry skin types as well as to help manage cellulite, eczema, psoriasis, menopausal symptoms, pre-menstrual tension (PMS), painful periods, arthritis, stress, sadness or depression, mental exhaustion, and insomnia or sleeplessness.



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