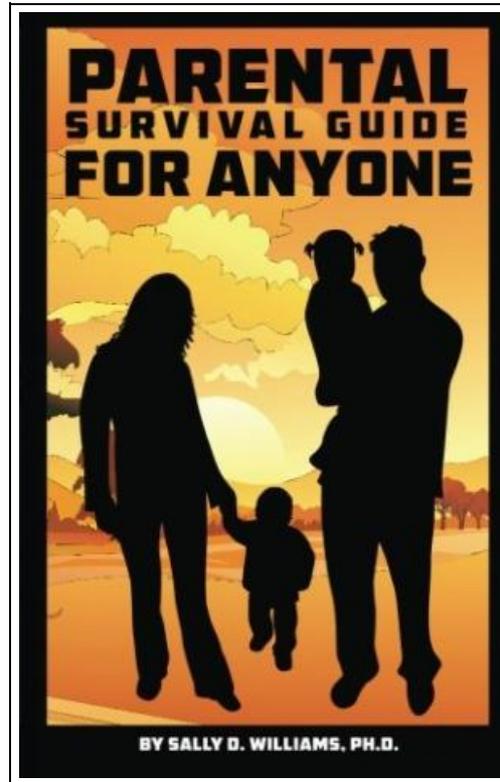


Parental Survival Guide for Anyone



Filesize: 5.15 MB

Reviews

This is basically the best pdf i have read through until now. It is filled with knowledge and wisdom I am easily can get a enjoyment of studying a created book.

(Dr. Carmine Hayes MD)

PARENTAL SURVIVAL GUIDE FOR ANYONE



Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.If you are a parent, whether married or single, male or female, and you have the majority of the responsibility for raising children, with little to no help from the other parent, then this book is for you! Each chapter starts with a story. The purpose of each story is to make the chapter relatable so that the reader can easily identify with the characters and their feelings. It s filled with survival tips that can help anyone understand they are not only a parent but an individual too. Parental Survival Guide for Anyone is designed to help the reader understand their strengths, and deal with single parenting challenges. It will provide practical solutions to becoming more efficient. Single parenting is harder for more reasons than just having children. It can contribute to the lack of work/life balance, depression, and much more. Educational psychologist and author Dr. Sally Williams shares her knowledge and personal experience about being the sole decision-maker and provider for children when married and single. Readers will be part of the conversation as Dr. Sally shares anecdotes and suggests ways parents can understand and appreciate their strengths while dealing with the challenges of raising children. Readers will learn how to: -Use the S.M.A.R.T.E.R. goals process to develop, implement and achieve goals -Understand strengths and limitations -Nurture self -Stop feeling guilty for taking time to enjoy life -Effectively manage time -Balance dating and love relationships -Develop ways to keep sexual intimacy going strong after children are born.



[Read Parental Survival Guide for Anyone Online](#)



[Download PDF Parental Survival Guide for Anyone](#)

Related eBooks



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and...

[Download PDF »](#)



Traffic Massacre: Learn How to Drive Multiple Streams of Targeted Traffic to Your Website, Amazon Store, Auction, Blog, Newsletter or Squeeze Page

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.3 Free Bonus Books Included! Attention: Online business owners. quot;Finally!...

[Download PDF »](#)



My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts...

[Download PDF »](#)



Daycare Seen Through a Teacher s Eyes: A Guide for Teachers and Parents

America Star Books, United States, 2010. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Between the good mornings and the good nights it s what...

[Download PDF »](#)



Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 211 x 101 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read...

[Download PDF »](#)

**Maurice, or the Fisher's Cot: A Long-Lost Tale**

Alfred A. Knopf. Hardcover. Book Condition: New. 0375404732 Never Read-12+ year old Hardcover book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good

[Download Book »](#)

**Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade**

Book Condition: Brand New. Book Condition: Brand New.

[Download Book »](#)

**A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half**

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to

[Download Book »](#)

**Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time**

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can

[Download Book »](#)

**Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners**

Fernhurst Books Limited. Paperback. Book Condition: new. BRAND NEW, Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners, Paul B. Boissier, Expert information for yachtsmen and

[Download Book »](#)